

ANNEX A TO SIXGA'S SAFE SPORT POLICY

1 DEFINITIONS

"Minor Athletes" refers to athletes under the age of 18 years.

"Persons in Authority" refers to coaches, trainers, support staff, volunteers, medical staff, event staff, technical officials, board members and/or contractors performing any of these roles.

"Vulnerable Persons" refers to Minor Athletes and/or Persons with disabilities, including Persons covered under the Vulnerable Persons Act and Mental Capacity Act.

2 RECRUITMENT POLICY

2.1 SIXGA's Recruitment Policy sets out the criteria and processes to ensure all recruited Persons are qualified, suitable and committed in providing a safe and positive sporting environment.

2.2 Declaration¹

- a. All applicants are required to provide a declaration of their past history at the point of application.
- b. The declaration form should include questions relating to, but not limited to:
 - i Any past investigations, charges or convictions for a criminal offence;
 - ii Any history of complaints or disciplinary proceedings for misconduct towards another person.

2.3 Reference Checks

- a. All applicants are required to provide the contact details for two professional referees at the point of application.
- b. If the role that an applicant has applied for involves direct contact with Vulnerable Person(s), one of the referees must be asked questions regarding the applicant's suitability to work with Vulnerable Person(s). Questions should include, but not limited to whether the referee has:

¹ Sample declarations forms for incorporation in the employment application can be provided by Safe Sport Policy Manager

- i Any concerns that applicant is working in a role that has direct contact with Vulnerable Persons;
- ii Any concerns towards applicant's beliefs, attitudes or values towards Vulnerable Persons.

2.4 Face-to-face interviews

- a. All applicants who have direct contact with Vulnerable Person(s) are required to undergo a face-to-face interview.
- b. Apart from the assessment of the professional suitability for the role, interview questions should be designed to assess applicant's suitability to work with vulnerable Persons.
- c. Interview questions should include, but not limited to, the applicant's:
 - i Prior experiences, interactions and/or professional qualifications in working with Vulnerable Persons;
 - ii General beliefs, attitudes and values towards Vulnerable Persons;
 - iii Views and understanding of best practices when working with vulnerable Persons;
 - iv Clarifications about any potential concerns with the applicant's history, such as gaps in working history, previous disciplinary proceedings and/or criminal history.

2.5 Disqualifiers

- a. If an applicant declares, or was screened to have a history of the following offences, the applicant shall be deemed unqualified for any work with Vulnerable Persons:
 - i Any offences against persons under the Penal Code and under Singapore law
 - ii Any drug offences
- b. If an applicant declares any history of complaints or disciplinary proceedings for inappropriate behaviours towards another person, or presents with any areas of potential concern during the reference check or interview stage, the final decision to recruit the applicant should be discussed with the General Manager or equivalent position.
- c. The decision to recruit, or not recruit an applicant because of the applicant's criminal history must be clearly communicated, with a rationale, in writing.

3 TRAVEL POLICY

A significant part of sport participation involves travel. Travel consists of local travel and team travel. Local travel refers to travel to trainings, competition venues and team events that occur locally and does not include overnight stay(s). Overnight travel refers to travel to trainings, competition venues and events that includes overnight stay(s) either at a local venue or an overseas venue.

The Travel Policy seeks to minimize on-on-one interactions between Minor Athletes and Persons in Authority as Vulnerable Persons are put at a greater risk during travel when they are away from their families and support network in settings that are less structured and less familiar.

3.1 Transportation

- a. Except for emergency circumstances, A Person in Authority must not transport a Minor Athlete alone in a vehicle unless the Person is related to the minor athlete (e.g., a parent or legal guardian).
- b. A Person in Authority should only drive with at least two other Minor Athletes or another adult, unless otherwise agreed to in writing by the Minor Athlete's parent or legal guardian.

3.2 For overnight travel, at least one person in the of the travelling team (e.g. medical support, team manager, strength and conditioning trainer and/or coach) should be of the same gender as the athlete(s).

3.3 Rooming

- a. A Person in Authority must not share the same room with a Minor Athlete unless the Person is related to the Minor Athlete (e.g., a parent, legal guardian or sibling).
- b. All Persons should share the same room with another Person of the same gender.
- c. Individual meetings between a Person in Authority and an athlete, or between athletes of opposite genders, should not occur in the room unless the room door is open.
- d. Regular monitoring and random checks may be made in each athlete's room.

3.4 The parent or legal guardian of a Minor Athlete must provide written consent for all Team Travel that involve overnight stay(s).

4 ONE-ON-ONE INTERACTIONS

Majority of child sexual abuse is perpetrated in isolated on-on-one situations. By reducing such interactions between Minor Athletes and adults, the risks of such abuse can be reduced. However, one-on-one time with a trusted adult is also a healthy and valuable part of participation. This policy assists with protecting Minor Athletes whilst allowing beneficial relationships to thrive.

- 4.1 One-on-One interactions (e.g. training) between Minor Athletes and Persons in Authority should be observable and at an interruptible distance by another adult.
- 4.2 Meetings between Persons in Authority and Minor Athletes should only occur if another adult is present.
- 4.3 If a one-on-one meeting takes place in an office, the door to the office must remain unlocked and open. If available, meetings should occur in an office with windows, blinds and/or curtains must remain open for the duration of the meeting.
- 4.4 A closed-door meeting may be permitted to protect patient privacy if a mental health care professional or healthcare provider meets with a Minor Athlete and only under the following conditions:
 - a. the door must remain unlocked;
 - b. another adult must be present at the facility and informed that a closed-door meeting is occurring; and
 - c. written consent by the Minor Athlete's parent or guardian must be obtained prior to the provision of services.
- 4.5 SIXGA will make every reasonable effort to monitor one-on-one interactions between Persons in Authority and Minor Athletes that occur under its jurisdiction by knowing that the scheduled time, duration and place of interaction and random checks to observe such interactions.

5 MASSAGE AND RUBDOWNS

- 5.1 Any massage or rubdown performed by an adult Person on a Minor Athlete at SIXGA directed training, event or competition is expressly prohibited unless that adult is authorized by SIXGA to do so.
- 5.2 Any massage or rubdown of Minor Athlete must be conducted in an open and interruptible location with one other adult present.
- 5.3 Where possible, written consent by the Minor Athlete's parent or legal guardian shall be provided before the provision of massage or rubdown to a Minor Athlete.
- 5.4 Consent should always be sought from an adult Athlete before performing any massage or rubdown.

6 SOCIAL MEDIA, MOBILE AND ELECTRONIC COMMUNICATIONS POLICY

Effective communication concerning administrative issues among coaches, administrator and athlete is critical. However, the use of mobile devices, web-based application and other forms of electronic communications increases the possibility for misunderstandings and improprieties.

- 6.1 All electronic communications, including text messages, use of social media and emails, between Persons in Authority and athletes should be professional, appropriate, activity-related and transparent (e.g., team activities, schedules, competition).
- 6.2 Any electronic communication between all Persons must be observant of healthy and appropriate boundaries.
- 6.3 Minor Athlete Communications
- a. electronic communications to a team comprised of Minor Athletes by a Person in Authority shall also include one more additional Person in Authority.
 - b. if a Minor Athlete communicates with a Person in Authority first, the Person in authority should respond to the Minor Athlete and copy another Person in Authority and/or the Minor Athlete's parent(s) or legal guardians.
 - c. private electronic communications between Persons in Authority and Minor Athletes are expressly prohibited, unless under emergency circumstances. Private electronic communication may include but are not limited to direct messages, email, text messages, photos via Snapchat or Instagram.
- 6.4 Video conferencing
- a. All Persons should be fully clothed and dressed appropriately when attending a video conference.
 - b. No sexual imagery, sexually explicit language or conversations should be communicated.
- 6.5 The use of social media, mobile and electronic communications to commit abuse and harassment (e.g., bullying, sexual communications) is strictly prohibited and will be considered as a breach of the Unified Code and this Policy.
- 6.6 All Persons should be provided with training on what is acceptable and unacceptable behaviours when using social media, mobile or electronic communications.

7 CHANGING ROOM POLICY

Changing rooms and similar settings designated for changing (e.g., locker rooms, showers, toilets) may create a conducive environment for abuse and harassment to occur as participants are in various stages of undress and are usually less supervised. Adherence to the changing room policy is important to reduce the likelihood of Misconduct from occurring in the changing room and for the protection of Vulnerable Persons.

7.1 Regular monitoring and supervision of the changing rooms will be conducted where reasonably feasible, through the following methods:

- a. Posting a Person in Authority outside the changing room to ensure only approved personnel enter the changing room.
- b. Occasional and random checks on the changing rooms by Person in Authority of the same gender (e.g., female to check on female changing rooms).

7.2 Interactions in changing room and similar settings (e.g., shower, toilets)

- a. Any one-to-one meetings between a Person in Authority and a Minor Athlete in a changing room or similar space is strictly prohibited unless another adult is present.
- b. A Person in Authority must not shower with a Minor Athlete unless the Person is a personal care assistant or a parent/legal guardian.

7.3 In the presence of a Minor Athlete or a Person from the opposite gender, any Person must not intentionally or recklessly be in a state of undress that expose their chest, breasts, buttocks, groins or genitals to another Person.

7.4 The use of photographic or recording devices, including voice and video recording, in changing rooms is strictly prohibited, unless for the sole purpose to celebrate a team victory, sport accomplishment or team event. The following criteria must be met:

- a. prior approval is sought and given;
- b. two or more Persons in Authority are present; and
- c. all Persons are fully clothed.

8 SAFE SPORT TRAINING AND EDUCATION POLICY

Training and Education is a key component of any abuse and misconduct prevention strategy. Awareness training provides participants with the necessary information to identify and prevent the occurrence of abuse and harassment in the sporting environment.

All Persons should be empowered to report abuse and misconduct. To do so, all Persons should have a basic understanding of what constitutes a violation of the Safe Sport Policy and how to spot strategies used by offenders to target victims.

8.1 Onboarding

- a. As part of the onboarding process, the following Persons are required to complete the online Safe Sport module on the SportSG-ED platform:
 - i board members
 - ii employees and staff
 - iii coaches;
 - iv athletes;
 - v volunteers
- b. The online module should be completed as soon as possible, and no later than three (3) months upon commencement of respective roles.
- c. Persons in Authority who have regular direct contact with Vulnerable Persons must complete the online training before assuming their role.
- d. All Persons who have completed the online module will be required to produce a certificate of completion to SIXGA's safeguarding officer and/or person in charge of recruitment.

8.2 Training

- a. All Persons who have direct contact with Vulnerable Person(s) will be required to undergo continuing education workshops from time to time.
- b. Such workshops will include, but are not limited to, discussions about Safe Sport best practices, case scenarios and a refresher on SIXGA's Code of Conduct for the participant's respective role.
- c. Physical training sessions should ideally be conducted whenever there is a new recruitment or whenever feasible, but no later than six (6) months upon commencement of respective roles.

8.3 Refresher

- a. All Persons may be required to undergo a refresher session, either through the online module or a physical training session, at the discretion of SIXGA.

9 INTIMATE RELATIONSHIP POLICY

Healthy and consensual intimate and/or romantic relationships are an important aspect to a person's wellbeing. However, intimate relationships where a Power Imbalance exists could give rise to actual or perceived conflict of interest and this could have harmful effects to the sporting community and the persons involved.

A Power Imbalance is present where one person has supervisory, evaluative, a duty of care or other authority over another individual (e.g. Person in Authority). The totality of the circumstances that give rise to a Power Imbalance and the definition of Intimate Relationships is set out in the Unified Code.

9.1 An Intimate relationship between an adult Person and a Minor athlete where a Power Imbalance exists is viewed as exploitative and is prohibited under the Unified Code.

9.2 In a relationship where a Power Imbalance exists between two adult Persons, the following shall apply:

- a. an Intimate Relationship between adults where a Power imbalance exists (e.g., Coach-Athlete) is strongly discouraged and should be avoided;
- b. if such a relationship exists, it is the duty of the Person in Authority to make a declaration of the relationship to the Safe Sport Committee of SIXGA. This is to remove the secrecy and stigmatization of healthy relationships which form between adults; and
- c. SIXGA may then make the necessary and appropriate arrangements to reduce actual or perceived conflict of interests and/or exploitation due to the differences in authority, power, status, influence and dependence between the Person in Authority and the other individual (e.g., re-deployment of Person in Authority, recusing the Person in Authority from selection decisions).